

Reduktionsformel für:

$$\begin{aligned}
I &= \int_0^{\pi/2} \sin^n(x) dx = \\
&- [\cos(x) \sin^{n-1}(x)]_0^{\pi/2} + (n-1) \int_0^{\pi/2} \cos^2(x) \sin^{n-2}(x) dx = \\
(n-1) \int_0^{\pi/2} (1 - \sin^2(x)) \sin^{n-2}(x) dx &= \\
(n-1) \int_0^{\pi/2} (1 - \sin^2(x)) \sin^{n-2}(x) dx &= \\
(n-1) \int_0^{\pi/2} \sin^{n-2}(x) - \sin^n(x) dx & \\
\Rightarrow I &= (n-1) \int_0^{\pi/2} \sin^{n-2}(x) dx - (n-1) \int_0^{\pi/2} \sin^n(x) dx \\
\Rightarrow \frac{I}{n-1} &= \int_0^{\pi/2} \sin^{n-2}(x) dx - \int_0^{\pi/2} \sin^n(x) dx \\
\Rightarrow \frac{I}{n-1} + I &= \int_0^{\pi/2} \sin^{n-2}(x) dx \\
\Rightarrow \frac{n}{n-1} I &= \int_0^{\pi/2} \sin^{n-2}(x) dx \\
\Rightarrow I &= \frac{n-1}{n} \int_0^{\pi/2} \sin^{n-2}(x) dx
\end{aligned}$$

Damit gilt insbesondere:

$$\int_0^{\pi/2} \sin^2(x) dx = \frac{\pi}{4}$$

Sowie:

$$\int_0^{\pi} \sin^2(x) dx = \frac{\pi}{2}$$